



Sexual Abuse/Sacred Wound: Transforming Deep Trauma

By *Stephanie Mines*

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Sexual Abuse/Sacred Wound: Transforming Deep Trauma By Stephanie Mines

This book provides understanding and practical guidance for those traumatized by sexual abuse, their families, friends and therapists. Stephanie Mines' approach can be applied with or without a therapist and involves healing through the therapeutic use of art-making in all its forms. A key to healing is treating trauma as a "sacred wound" on the the model of the shamans initiatic wounding.

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