



Art Therapy in Asia: To the Bone or Wrapped in Silk

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As art therapy rapidly makes its mark across Asia, this book documents how the field of art therapy is taking shape as both a profession and a discipline in this region. It looks at how art therapists in Asia are assimilating Western models and adapting them to create unique home-grown practices.

Building on theory, research and practice that has been developed in the West, practitioners throughout Asia are creating innovative art therapy programs that reflect cultural diversity and draw on ideas from Chinese medicine and Eastern philosophy, spirituality and art traditions. With chapters from leading art therapists and community artists in Hong Kong, Taiwan, Japan, Korea, Cambodia, Thailand, China, India, The Philippines and Singapore, this book pulls together thought-provoking perspectives and effective approaches from which East and West can both learn.

The first of its kind, this book will be an informative and inspiring addition to the bookshelves of all art therapy professionals and students, as well as anyone with an interest in Eastern cultures and cross-cultural working.

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Editorial Review

Review

This is a clearly presented and detailed text, offering a wealth of knowledge and many case studies from leading art therapists and community artists in Asia. This book has helped to expand the understanding of art therapy as a whole and has demonstrated the growth in the profession. For those members who are interested in art therapy and meeting the needs of different cultures then this book is likely to be an interesting and helpful read. -- Play for Life a wide-ranging and magnificent addition to the literature for any practitioner working with patients from Asian cultures... each reader will take something different from this excellent and engaging book. -- Therapy Today Art Therapy in Asia makes a world statement about the art therapy process...[It] embraces the complexity of cultures, human differences, and universal aspects of experience...One of the greatest compliments I can give [this book] is that it presents more questions and possibilities than answers and thus expands and sets the stage for future dialogue, research, creation and professional development within a global context. -- From the foreword by Shaun McNiff, PhD, professor at Lesley University, Cambridge, Massachusetts, USA This book not only enriches and promotes the growth and healing potential of art therapy in the Eastern world, it also offers invaluable insights from the very sources of many Asian theories, philosophies and practices already fully or partially adopted by Western professionals. Art Therapy in Asia may become Asia's most valuable healing export to the world. I hope it is translated into all languages for doctors, teachers, and therapists of all disciplines. -- Bobbi Stoll, founder of the International Networking Group of Art Therapists (ING/AT) and Past President of the American Art Therapy Association (AATA), currently chair of the International Member Subcommittee of the AATA, Los Angeles, USA Although I've visited and taught art therapy in Korea, Japan, Taiwan, China, India, and Thailand, this book opened my eyes and expanded my mind in breathtaking ways. I hope that all Western art therapists will read and learn from this thoughtful, stimulating contribution to the global growth of art therapy. -- Judith A. Rubin, Ph.D., ATR-BC, Department of Psychiatry, University of Pittsburgh, President of Expressive Media, Inc. and Past President and Honorary Life Member of the American Art Therapy Association, USA The lovely metaphor and question is the essence of the book. Is art therapy in Asia steeped to the bone in the cultures of the East, or do we know it is Asian by the merest touch of silk? The book shows both of these to be part of the answer. Kalmanowitz, Potash and Chan have gathered chapters from art therapists working in ten regions across Asia and the results are inspiring. They show the potential for adapting art therapy for different places and people in the world. They give touching insight into different Asian practice, and they show how things shared are helpful for practice everywhere. -- Chris Wood, author of Navigating Art Therapy: A Therapist's Companion and Director of Art Therapy Northern Programme, Sheffield, UK This book is an important departure from previously published literature on art therapy: it sensitively and constructively challenges euro-centric assumptions about health, identity and spirituality and it also offers some very good practical advice on the practice of art therapy in Asia. It therefore provides a great contemporary overview of this topic and describes an inspiring way to think about ethnicity, culture and healing that many art therapists will find helpful. Its relevance goes much further than Asia and it should be widely read worldwide. -- Val Huet, Chief Executive Officer, British Association of Art Therapists

Review

This is a clearly presented and detailed text, offering a wealth of knowledge and many case studies from leading art therapists and community artists in Asia. This book has helped to expand the understanding of art therapy as a whole and has demonstrated the growth in the profession. For those members who are interested in art therapy and meeting the needs of different cultures then this book is likely to be an interesting and helpful read. (Play for Life)

a wide-ranging and magnificent addition to the literature for any practitioner working with patients from Asian cultures... each reader will take something different from this excellent and engaging book. (Therapy Today)

Art Therapy in Asia makes a world statement about the art therapy process...[It] embraces the complexity of cultures, human differences, and universal aspects of experience...One of the greatest compliments I can give [this book] is that it presents more questions and possibilities than answers and thus expands and sets the stage for future dialogue, research, creation and professional development within a global context. (From the foreword by Shaun McNiff, PhD, professor at Lesley University, Cambridge, Massachusetts, USA)

This book not only enriches and promotes the growth and healing potential of art therapy in the Eastern world, it also offers invaluable insights from the very sources of many Asian theories, philosophies and practices already fully or partially adopted by Western professionals. Art Therapy in Asia may become Asia's most valuable healing export to the world. I hope it is translated into all languages for doctors, teachers, and therapists of all disciplines. (Bobbi Stoll, founder of the International Networking Group of Art Therapists (ING/AT) and Past President of the American Art Therapy Association (AATA), currently chair of the International Member Subcommittee of the AATA, Los Angeles, USA)

Although I've visited and taught art therapy in Korea, Japan, Taiwan, China, India, and Thailand, this book opened my eyes and expanded my mind in breathtaking ways. I hope that all Western art therapists will read and learn from this thoughtful, stimulating contribution to the global growth of art therapy. (Judith A. Rubin, Ph.D., ATR-BC, Department of Psychiatry, University of Pittsburgh, President of Expressive Media, Inc. and Past President and Honorary Life Member of the American Art Therapy Association, USA)

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This book is an important departure from previously published literature on art therapy: it sensitively and constructively challenges euro-centric assumptions about health, identity and spirituality and it also offers some very good practical advice on the practice of art therapy in Asia. It therefore provides a great contemporary overview of this topic and describes an inspiring way to think about ethnicity, culture and healing that many art therapists will find helpful. Its relevance goes much further than Asia and it should be widely read worldwide. (Val Huet, Chief Executive Officer, British Association of Art Therapists)

About the Author

Debra Kalmanowitz, MA, RATH, is a registered art therapist (UK), a Research Postgraduate of the Department of Social Work and Social Administration, and a Honorary Clinical Associate of the Centre on Behavioral Health, University of Hong Kong. She has worked extensively in the context of trauma, political violence, and social change. Debra is the co-author of *The Portable Studio: Art Therapy and Political Conflict: Initiatives in the former Yugoslavia and South Africa* and the edited book *Art Therapy and Political Violence: With Art, Without Illusion*. Jordan S. Potash is a registered and board-certified art therapist and licensed creative art therapist in the USA. He is a teaching consultant and expressive arts therapy coordinator at the Centre on Behavioral Health, University of Hong Kong. He is a past chair of the Multicultural Committee of the American Art Therapy Association and a member of the faculty at The George

Washington University. Siu Mei Chan has a Master's degree in social work from Hong Kong Baptist University, as well as a Master's degree in art psychotherapy from Goldsmith's College, University of London, UK. Siu Mei works clinically as an art psychotherapist for children and adolescents with emotional and mental health difficulties in the Boys' and Girls' Clubs Association of Hong Kong and is the vice president of the Hong Kong Association of Art Therapists.

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Do you certainly one of people who can't read pleasant if the sentence chained from the straightway, hold on guys this kind of aren't like that. This Art Therapy in Asia: To the Bone or Wrapped in Silk book is readable simply by you who hate those perfect word style. You will find the information here are arrange for enjoyable examining experience without leaving possibly decrease the knowledge that want to offer to you. The writer connected with Art Therapy in Asia: To the Bone or Wrapped in Silk content conveys prospect easily to understand by most people. The printed and e-book are not different in the written content but it just different by means of it. So , do you still thinking Art Therapy in Asia: To the Bone or Wrapped in Silk is not loveable to be your top checklist reading book?

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