



## The Ultimate Guys' Body Book: Not-So-Stupid Questions About Your Body

By Walt Larimore MD

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Everything a boy should know, but won't ask—from a Christian perspective!

Finally, everything you wanted to know about your body, but you've just been too chicken to ask. *Ultimate Guys' Body Book* is the first book for boys that gives honest answers to real questions about your body from a biblical perspective. No, you're not falling apart—you're just growing up! But there's no need to fear, when God is near. He's your personal guide to understanding your body.

With information about everything from steroid use to body parts, there's not a question we won't answer. These aren't questions some adult made up, but they're real questions asked by real boys just like you. You want to know the truth? Now you can, because *Ultimate Guys' Body Book* gives you the facts—no holds barred!

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### **Editorial Review**

#### Review

'A useful guide for readers wanting a Christian look at boys' physical and sexual development.' - Kirkus Reviews (*Kirkus Reviews*)

#### Review

Have you had...."the talk" with your son yet? Dr. Walt Larimore did a great job inserting humor into an otherwise "difficult" conversation parents tend to have with their growing boys. What a great Christian resource for parents when the time comes to explain things! Gary Smalley Author/ Speaker *Guarding Your Child's Heart* -- Dr. Gary Smalley, Author and Speaker

Dr. Walt Larimore is the perfect person to answer these questions for guys. Some boys don't read many books but I guarantee the guys in your life will pick this one up and read it cover to cover. Great advice about their bodies and their life. Jim Burns PhD President, *HomeWord* Author of *Teenology: The Art of Raising Great Teenagers and Teaching Your Children Healthy Sexuality* -- Jim Burns, Ph.D., President

Okay, where was this book when my boys were young? This book is so much more than its title. In addition to being a one-of-a-kind resource of valuable information, it helps boys see how practical God's word is for the real issues of life and it provides a unique opportunity for strengthening the father/son relationship during a critical period of life. It's realistic, practical, humorous and answers the most delicate and difficult questions in ways that are honest and make sense. This book is an investment and I promise you that it is a book you and your son will read again and again. Gary J. Oliver, Th.M., Ph.D. Professor of Psychology and Practical Theology John Brown University -- Gary J. Oliver, Executive Director

I wish *The Ultimate Guy's Body Book* was available when I was growing up. I wish I could have given it to my sons. But now, I will be sure my grandsons gain from its wisdom. Gene Rudd Senior Vice President Christian Medical and Dental Associations -- Gene Rudd, Vice President

When Dr. Walt Larimore writes a book, it is wise to read and apply. *The Ultimate Guy's Body Book* is his best one yet! Pat Williams Orlando Magic Senior Vice President and author of *Leadership Excellence* -- Pat Williams, Senior Vice President

#### About the Author

Walt Larimore, MD, has been called "one of the best known family physicians in America" and has been listed in the *Best Doctors in America*, *The Guide to America's Top Family Doctors*, and *Who's Who in Medicine and Healthcare*, *Who's Who in America*, and the *International Health Professionals of the Year*. He is also a best-selling author who has written, co-written, or edited thirty books. His writing has been recognized with a number of national awards, including a *Christianity Today* Book of the Year award, a *Retailers Choice* book award, three *Silver Medallion Book Awards*, three *Gold Medallion Book Award* nominations, and three *Christy Award* nominations. He and his wife, Barb, have two grown children, two grandchildren, and live in Colorado Springs area with their tabby, Jack. His website is [www.DrWalt.com](http://www.DrWalt.com) and his Morning Glory, Evening Grace devotions can be found at [www.Devotional.DrWalt.com](http://www.Devotional.DrWalt.com).

## **Users Review**

### **From reader reviews:**

#### **Samantha Williams:**

Here thing why this particular The Ultimate Guys' Body Book: Not-So-Stupid Questions About Your Body are different and trustworthy to be yours. First of all examining a book is good nevertheless it depends in the content of the usb ports which is the content is as yummy as food or not. The Ultimate Guys' Body Book: Not-So-Stupid Questions About Your Body giving you information deeper and different ways, you can find any reserve out there but there is no guide that similar with The Ultimate Guys' Body Book: Not-So-Stupid Questions About Your Body. It gives you thrill studying journey, its open up your own eyes about the thing which happened in the world which is probably can be happened around you. You can easily bring everywhere like in park, café, or even in your approach home by train. Should you be having difficulties in bringing the paper book maybe the form of The Ultimate Guys' Body Book: Not-So-Stupid Questions About Your Body in e-book can be your alternative.

#### **Patrick Oneil:**

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#### **Levi Ryan:**

Typically the book The Ultimate Guys' Body Book: Not-So-Stupid Questions About Your Body has a lot associated with on it. So when you make sure to read this book you can get a lot of gain. The book was authored by the very famous author. This articles author makes some research just before write this book. This particular book very easy to read you can find the point easily after scanning this book.

#### **Jonathan Sanders:**

This The Ultimate Guys' Body Book: Not-So-Stupid Questions About Your Body is completely new way for you who has curiosity to look for some information mainly because it relief your hunger details. Getting deeper you on it getting knowledge more you know otherwise you who still having tiny amount of digest in reading this The Ultimate Guys' Body Book: Not-So-Stupid Questions About Your Body can be the light food for you because the information inside this book is easy to get simply by anyone. These books create itself in the form which can be reachable by anyone, yep I mean in the e-book contact form. People who think that in e-book form make them feel drowsy even dizzy this e-book is the answer. So there is no in

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