



# The Freedom Manifesto: How to Free Yourself from Anxiety, Fear, Mortgages, Money, Guilt, Debt, Government, Boredom, Supermarkets, Bills, Melancholy, Pain, Depression, Work, and Waste

By Tom Hodgkinson

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The author of *How to Be Idle*, Tom Hodgkinson, now shares his delightfully irreverent musings on what true independence means and what it takes to be free. *The Freedom Manifesto* draws on French existentialists, British punks, beat poets, hippies and yuppies, medieval thinkers, and anarchists to provide a new, simple, joyful blueprint for modern living. From growing your own vegetables to canceling your credit cards to reading Jean-Paul Sartre, here are excellent suggestions for nourishing mind, body, and spirit—witty, provocative, sometimes outrageous, yet eminently sage advice for breaking with convention and living an uncluttered, unfettered, and therefore happier, life.

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- Sales Rank: #401735 in Books
- Brand: Hodgkinson, Tom
- Published on: 2007-12-18
- Released on: 2007-12-18
- Original language: English
- Number of items: 1
- Dimensions: 7.13" h x .88" w x 5.00" l, .71 pounds
- Binding: Paperback
- 352 pages

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### **Editorial Review**

From Publishers Weekly

In this intermittently amusing but excessively long sequel to *How to Be Idle: A Loafer's Manifesto*, British author and editor (the *Idler*) Hodgkinson states upfront that his goal is to present a philosophy for everyday life based on freedom, merriment and responsibility, or anarchy. Asserting that before the Reformation, England was one non-stop party, he wants to overthrow modern Puritans and return to an approach to life that is basically having a laugh, doing what you want—and he provides alternatives to the many ills of the modern world such as those listed in the book's title. The main problem is that many of Hodgkinson's topics end up being played for easy laughs—in one chapter titled Forget Government, the message is Stop Voting, while in another on Submit No More to the Machine, Use Your Hands, his main advice is Use a Scythe. When he does try to move beyond laughs and explain how his philosophy can cause a radical redefinition of human relationships based on local needs instead of global capitalism, he never quite explores how this would happen in the real world, relying instead on grand statements (in a chapter called Stop Working, Start Living) such as A spade, a saw and a chisel, that is all you need to be free. (*Dec.*)

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### About the Author

Tom Hodgkinson is still doing what he's always done, which is a mixture of editing magazines, writing articles, and putting on parties. He was born in 1968, founded *The Idler* in 1993, and now lives in Devon, England. He is also the author of *The Freedom Manifesto*.

### **Users Review**

#### **From reader reviews:**

#### **James Horowitz:**

The book *The Freedom Manifesto: How to Free Yourself from Anxiety, Fear, Mortgages, Money, Guilt, Debt, Government, Boredom, Supermarkets, Bills, Melancholy, Pain, Depression, Work, and Waste* can give more knowledge and information about everything you want. Why then must we leave a good thing like a book *The Freedom Manifesto: How to Free Yourself from Anxiety, Fear, Mortgages, Money, Guilt, Debt, Government, Boredom, Supermarkets, Bills, Melancholy, Pain, Depression, Work, and Waste*? Wide variety you have a different opinion about book. But one aim that will book can give many facts for us. It is absolutely correct. Right now, try to closer along with your book. Knowledge or details that you take for that, it is possible to give for each other; you are able to share all of these. Book *The Freedom Manifesto: How to Free Yourself from Anxiety, Fear, Mortgages, Money, Guilt, Debt, Government, Boredom, Supermarkets, Bills, Melancholy, Pain, Depression, Work, and Waste* has simple shape nevertheless, you know: it has great and big function for you. You can look the enormous world by wide open and read a guide. So it is very wonderful.

**Robert Eslinger:**

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**Jeff Brown:**

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