



## Spiritual Literacy: Reading the Sacred in Everyday Life

By Frederic Brussat, Mary Ann Brussat

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**Spiritual Literacy: Reading the Sacred in Everyday Life** By Frederic Brussat, Mary Ann Brussat

A book that belongs in every seeker's home, *Spiritual Literacy* answers the universal question, "How can I live a spiritual life every day?" Frederic and Mary Ann Brussat reveal a way to read the texts of our lives and of the world around us for sacred meaning.

Using more than 650 brief examples from contemporary books and movies, they tutor us in the art of lingering with our experiences and seeing the world with fresh eyes. They present spiritual perspectives on things, places, nature, animals, leisure, creativity, service, body, relationships, and community. The Alphabet of Spiritual Literacy describes the key spiritual practices -- from attention to zeal -- that spell the meaning in daily life.

Here is the book to share with your children, family, colleagues, and friends as you explore together the bounties of the spiritual life.

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### **Editorial Review**

#### **Amazon.com Review**

Here is an astoundingly rich and needed addition to spiritual literature. With Sisyphean diligence, Frederic and Mary Ann Brussat have managed to compile an extraordinary array of spiritual passages from writers across time and regardless of religious denomination, from the lyricist Leonard Cohen to the philosopher Jacob Needleman, from the mystic Christian Meister Eckhart to the novelist Annie Dillard, from the Zen master Robert Aitken to the poet Robert Haas. Read this book, contemplate it and learn the ABCs of spiritually, of life.

#### **From Publishers Weekly**

The Brussats have put together a wonderful book in the William Bennett style that embraces the spiritual rather than the virtuous life. Believing that "Life is a sacred adventure" and that "Everyday we encounter signs that point to the active presence of the Spirit in the world around us," the Brussats break their book into such categories as "Place," "Nature," "Leisure" and "Creativity." Each chapter draws upon a wide variety of sources, including oral traditions, poetry and film, that pertain to the chapter's theme. Exercises at the end of each chapter are intended to help readers become more in tune with the spiritual in everyday activities. Copyright 1996 Reed Business Information, Inc.

#### **From Library Journal**

Spirituality can be learned, and here is the textbook. Expect a big promotion. Copyright 1996 Reed Business Information, Inc.

### **Users Review**

#### **From reader reviews:**

##### **Angela Harris:**

Have you spare time for the day? What do you do when you have considerably more or little spare time? That's why, you can choose the suitable activity for spend your time. Any person spent their spare time to take a go walking, shopping, or went to the actual Mall. How about open or read a book eligible Spiritual Literacy: Reading the Sacred in Everyday Life? Maybe it is to get best activity for you. You understand beside you can spend your time with your favorite's book, you can smarter than before. Do you agree with the opinion or you have various other opinion?

##### **Billy Shaner:**

Playing with family inside a park, coming to see the ocean world or hanging out with buddies is thing that usually you could have done when you have spare time, then why you don't try factor that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love Spiritual Literacy: Reading the Sacred in Everyday Life, you can enjoy both. It is fine combination right, you still would like to miss it? What kind of hang-out type is it? Oh seriously its mind hangout fellas. What? Still don't buy it, oh come on its named reading friends.

**Manuel Rose:**

This *Spiritual Literacy: Reading the Sacred in Everyday Life* is great publication for you because the content which is full of information for you who all always deal with world and get to make decision every minute. This particular book reveal it data accurately using great manage word or we can claim no rambling sentences included. So if you are read that hurriedly you can have whole facts in it. Doesn't mean it only offers you straight forward sentences but tricky core information with wonderful delivering sentences. Having *Spiritual Literacy: Reading the Sacred in Everyday Life* in your hand like getting the world in your arm, information in it is not ridiculous a single. We can say that no guide that offer you world in ten or fifteen moment right but this publication already do that. So , it is good reading book. Hello Mr. and Mrs. stressful do you still doubt this?

**Bruce Davis:**

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