



# Steps to Follow: The Comprehensive Treatment of Patients with Hemiplegia

By Patricia M. Davies

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This new edition of a best-selling guide incorporates significant advances in the early and later rehabilitation of neurologically impaired patients. Based on the Bobath concept, Davies' approach to rehabilitation stresses the need to equip the patient for a full life, rather than setting arbitrary goals for functioning in a sheltered environment. Activities are described for correcting abnormal movement patterns and facial difficulties. Ways to regain walking, balance and other normal movement sequences are explained and demonstrated with 750 photographs of patients being treated.

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**Bibliography**

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### **Editorial Review**

From the Back Cover

In the 15 years since publication of the first edition, Steps to Follow has gained a worldwide reputation among professionals as a unique practical guide to the treatment of neurologically impaired patients. This second, completely updated edition incorporates significant practical advances in early and later neurorehabilitation and in the understanding of the problems confronting both patients and those who work with them. The relevant therapeutic activities to improve functional ability and quality of life following a stroke are described in detail with the help of 750 photos showing patients in action during treatment: - Practical ways in which patients can be helped to interact more normally with their environment and so regain their independence, in spite of the perceptual disorders often associated with hemiplegia - More detailed explanation of hand function and more in-depth analysis of normal walking - Revised chapters on the various therapeutic activities, including new means of stimulating selective movements in order to counteract increases in muscle tone - Deeper understanding of abdominal muscle activity, which is relevant to retraining balance reactions and sitting and standing - A new chapter demonstrating how David Butlers concept of the mobilisation of neural structures throughout the body can be of inestimable value - Examples of ways in which therapists, nurses and relatives can help very severely disabled patients to avoid the development of secondary complications or overcome existing difficulties - Ways in which the patient can maintain mobility and continue to make progress even after cessation of treatment, by exercising at home and participating in sporting and other leisure activities.

### **Users Review**

**From reader reviews:**

**Pierre Taylor:**

This Steps to Follow: The Comprehensive Treatment of Patients with Hemiplegia is great e-book for you because the content which can be full of information for you who also always deal with world and have to make decision every minute. This kind of book reveal it details accurately using great coordinate word or we can state no rambling sentences in it. So if you are read the item hurriedly you can have whole details in it. Doesn't mean it only offers you straight forward sentences but hard core information with lovely delivering sentences. Having Steps to Follow: The Comprehensive Treatment of Patients with Hemiplegia in your hand like keeping the world in your arm, information in it is not ridiculous just one. We can say that no reserve that offer you world inside ten or fifteen second right but this publication already do that. So , this really is good reading book. Hi Mr. and Mrs. active do you still doubt this?

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**Jeff Cunningham:**

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