

A Consumer's Dictionary of Cosmetic Ingredients, 7th Edition: Complete Information About the Harmful and Desirable Ingredients Found in Cosmetics and Cosmeceuticals

By Ruth Winter

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A Consumer's Dictionary of Cosmetic Ingredients, 7th Edition: Complete Information About the Harmful and Desirable Ingredients Found in Cosmetics and Cosmeceuticals By Ruth Winter

Everything you need to know about the safety and efficacy of cosmetics and cosmeceuticals.

Is it a cosmetic? A drug? A nutrient? It's becoming more and more difficult to tell the difference with the cosmetic companies combining the three. And unlike with food additives, the FDA has little control over what goes into the products that claim to make you look more beautiful—even though cosmeceuticals (cosmetics that purport to have druglike benefits) have skyrocketed into a multibillion-dollar industry.

So before you slather on that “wrinkle-reducing” cream or swallow a “skin-rejuvenating” vitamin, find out what's in your health and beauty products with *A Consumer's Dictionary of Cosmetic Ingredients*. This updated and expanded edition gives you the facts you need to protect yourself and your family from possible irritants, confusing chemical names, and the exaggerated claims of gimmicky additives. With 800 new ingredients found in toiletries, cosmetics, and cosmeceuticals—everything ranging from shampoo to shaving cream, bath lotions to Botox—this alphabetically organized guide evaluates them all, and includes targeted information for children and for people of color.

A Consumer's Dictionary of Cosmetic Ingredients is more indispensable than ever to anyone who cares about the health of themselves and their loved ones.

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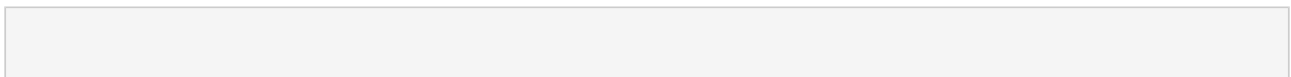
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Editorial Review

About the Author

RUTH WINTER, M.S., is an award-winning author of thirty-seven books. Visit her at BrainBody.com or IngredientBlog.blogspot.com.

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A lot of people always spent their very own free time to vacation as well as go to the outside with them household or their friend. Do you know? Many a lot of people spent they free time just watching TV, or playing video games all day long. If you want to try to find a new activity that is look different you can read the book. It is really fun for yourself. If you enjoy the book that you simply read you can spent all day every day to reading a guide. The book A Consumer's Dictionary of Cosmetic Ingredients, 7th Edition: Complete Information About the Harmful and Desirable Ingredients Found in Cosmetics and Cosmeceuticals it doesn't matter what good to read. There are a lot of those who recommended this book. These folks were enjoying reading this book. In case you did not have enough space to develop this book you can buy the e-book. You can m0ore quickly to read this book from your smart phone. The price is not to cover but this book provides high quality.

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Peggy Young:

The book untitled A Consumer's Dictionary of Cosmetic Ingredients, 7th Edition: Complete Information About the Harmful and Desirable Ingredients Found in Cosmetics and Cosmeceuticals contain a lot of information on it. The writer explains her idea with easy technique. The language is very clear to see all the people, so do definitely not worry, you can easy to read it. The book was written by famous author. The author will take you in the new time of literary works. It is possible to read this book because you can please read on your smart phone, or gadget, so you can read the book inside anywhere and anytime. If you want to buy the e-book, you can open their official web-site in addition to order it. Have a nice read.

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