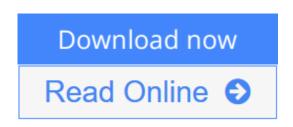


Astral Dynamics: The Complete Book of Outof-Body Experience

By Robert Bruce



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This is the eBook version of THE SECOND EDITION ASTRAL DYNAMICS.

Astral Dynamics: The Complete Book of Out-of-Body Experience - THE SECOND EDITION - is the best-seller in its field. Astral projection (also called Astral Travel, Soul Travel, or, Out-of-Body Experience) is a phenomenon that frees your astral body to explore the universe and the astral dimension. If you've ever wanted to try it, Astral Dynamics is the perfect 'How To' and 'Travel Guide'. Astral Dynamics teaches everything you need to know to accomplish successful out-of-body travel. It provides powerful techniques, advice, tips, and problem solving for astral travelers, including how to get out of body, how to get around in the astral planes, and how to safely get back to your physical body with memories of your amazing experiences. Everyone can experience this amazing state of being.

Astral Dynamics provides in one slick package, a personal narrative, a "how-to," a troubleshooting guide, and a theoretical perspective. Whether you are a skeptic, a veteran astral projector, a novice or an armchair traveler--there is treasure here.

The creation of this tenth anniversary 'SECOND EDITION' of Astral Dynamics has been a true labor of love. My continuing exploration of life and Out-of- Body Experience (OBE) has significantly improved my understanding of the greater reality. The idea for this tenth anniversary edition came from my editor, Frank DeMarco, between shrimp and salad, as we dined at a quaint little restaurant in Virginia Beach in early 2009. The idea stuck and soon became official. This new edition bears little resemblance to the original. It is more concise, with so much new content that it can be considered to be a completely new book. The energy work and training sections have been completely replaced. New ideas, methods, and OBE experiences are included. The illustrations and artwork have been upgraded to higher quality in full color. Of particular importance, new ideas and ways of working with your higher self are included. These utilize the manifestation process for the development and practice of OBE. Your higher self holds all the keys relating to OBE and psychic abilities. It is wise to work with this dynamic force, rather than against it. Aligning with your higher self solves many OBE-related problems and greatly improves results. This also eases many of the natural fears associated with OBE. Robert Bruce.

About the Author:

Robert Bruce is the author of six groundbreaking books exploring such mysteries as the human energy body, the out-of-body experience, kundalini, mind's-eye vision, spiritual and psychic development, metaphysics, psychic security, spirits of nature, and manifestation. He is a true spiritual pioneer, dedicated to exploring the dynamics of all things spiritual and paranormal, and testing the boundaries of the greater reality.

Robert began experiencing OBE at the age of four and raised his kundalini in his early thirties. He describes his life before kundalini as a series of educational awakening events, leading to his spiritual rebirth in the Australian wilderness. His experiential approach to life has resulted in profound contact with his higher self that continues to grow.

Robert Bruce currently resides in Australia. He lectures internationally and conducts interactive online workshops, teaching energy work, astral projection, clairvoyance, and spiritual and psychic development.

When not writing or lecturing, Robert is often found diving enchanted coral reefs, seeking new guests for his saltwater aquarium, or exploring wild and lonely places in the Australian outback.

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Editorial Review

Users Review

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Curt Roepke:

Spent a free time for you to be fun activity to perform! A lot of people spent their leisure time with their family, or their very own friends. Usually they undertaking activity like watching television, likely to beach, or picnic inside park. They actually doing same task every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? Could possibly be reading a book can be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to try look for book, may be the book untitled Astral Dynamics: The Complete Book of Out-of-Body Experience can be fine book to read. May be it can be best activity to you.

Dennis Stclair:

The book Astral Dynamics: The Complete Book of Out-of-Body Experience has a lot info on it. So when you make sure to read this book you can get a lot of help. The book was written by the very famous author. This articles author makes some research previous to write this book. This kind of book very easy to read you can find the point easily after perusing this book.

Leslie Martin:

In this period globalization it is important to someone to receive information. The information will make anyone to understand the condition of the world. The health of the world makes the information better to share. You can find a lot of recommendations to get information example: internet, newspaper, book, and soon. You will see that now, a lot of publisher which print many kinds of book. The particular book that recommended for you is Astral Dynamics: The Complete Book of Out-of-Body Experience this e-book consist a lot of the information in the condition of this world now. This specific book was represented how does the world has grown up. The dialect styles that writer use for explain it is easy to understand. Often the writer made some analysis when he makes this book. That's why this book ideal all of you.

Anthony Malloy:

A number of people said that they feel bored when they reading a guide. They are directly felt the item when they get a half portions of the book. You can choose typically the book Astral Dynamics: The Complete Book of Out-of-Body Experience to make your own personal reading is interesting. Your own skill of reading expertise is developing when you similar to reading. Try to choose simple book to make you enjoy to learn it and mingle the sensation about book and examining especially. It is to be first opinion for you to like to open up a book and learn it. Beside that the guide Astral Dynamics: The Complete Book of Out-of-Body Experience can to be your brand-new friend when you're really feel alone and confuse in what must you're doing of that time.

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