



# Tendon Injuries

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Tendon ailments are a significant cause of morbidity among athletes of all levels and are increasing in prevalence. Their management is often empirical, and parascientific, only looking at the biological aspects of tendon ailments. This book conveys a comprehensive and concise body of knowledge on the management of tendon problems in sportspeople with practical details of clinical protocols.

**Tendon Injuries: Basic Science and Clinical Medicine** is specifically dedicated to the clinical aspects of tendinopathy and provides the required knowledge and scientific basis for the sports medicine practitioner, orthopedic specialist and student facing upper and lower limb tendon ailments in athletes. A comprehensive review of tendon disorders is given and modern criteria of management outlined to form the basis of effective clinical management of this group of patients.

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## **Tendon Injuries From Brand: Springer London Bibliography**

- Sales Rank: #4993759 in Books
- Brand: Brand: Springer London
- Published on: 2005-01-04
- Original language: English
- Number of items: 1
- Dimensions: 11.00" h x 8.50" w x .50" l, 2.54 pounds
- Binding: Hardcover
- 370 pages

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