

# Different Every Night: Putting the play on stage and keeping it fresh

By Mike Alfreds



**Different Every Night: Putting the play on stage and keeping it fresh** By Mike Alfreds

Different Every Night is the culmination of a lifetime of work in the theater, the most complete rehearsal methodology in print since Stanislavsky. It offers a vital master class for actors and directors, full of sound practical advice and guidance, and is packed with techniques for bringing the text to life and keeping it alive, both in rehearsal and performance.



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#### Review

'Most of what I am as an actress I owe to Mike Alfreds. He gave me the language and the tools I needed for my craft' Pam Ferris'If I was allowed to train again to be an actor, but I was only allowed one teacher, it would have to be Mike Alfreds. To me he is a genius when it comes to acting and storytelling' Mark Rylance

#### About the Author

Mike Alfreds has been directing plays for more than fifty years. In the 1970s he founded Shared Experience, and has since worked for the National Theatre, Shakespeare's Globe, the Royal Shakespeare Company and also extensively abroad. He is hugely respected within the profession.

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