



The Complete Photo Guide to Perfect Fitting

By Sarah Veblen

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Here is the ultimate reference for fitting test garments and transferring accurate adjustments to patterns! No matter what size or shape you are, wearing garments that fit perfectly makes you look and feel better. Rather than making commonly accepted changes to a commercial pattern, the method presented in this guide focuses on the way a test garment fits the body. The fabric is manipulated to improve the fit, and then those specific changes are made to the pattern. The result: patterns that fit perfectly!

With *The Complete Photo Guide to Perfect Fitting*, you'll learn:

- The importance of a fitting axis and how to use it during a fitting
- How to recognize fitting issues, such as drag lines and folds
- How to manipulate fabric to solve common and unusual fitting problems
- How to transfer the fitting changes to your pattern easily
- Basic pattern-making skills to ensure accurate alterations

See the fitting process from start to finish on basic garments, fitted on real people. Then follow fitting solutions on different body types. The lessons you learn will help you fit any body.

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Editorial Review

About the Author

Sarah Veblen is a custom fashion designer who focuses on teaching, creating clothing for her clientele, patternmaking and design consultation for young designers, and writing in several venues. She has a Certificate in Fashion Design from Baltimore City Community College and a BA from Stanford University. Dedicated to promoting the craft of clothing design and construction at all levels, Sarah teaches in her studio as well as other classroom venues and PatternReview.com. She has been a guest lecturer at PACC/ASDP chapter events and national educational conferences; at Threadneedle Fabrics in Essex, Vermont; for CG Garment Designs in Colchester, VT; at G Street Fabrics in Rockville, Maryland; at Cau00f1ada College in San Mateo, California; and for ASG neighborhood groups in Maryland, Virginia, and California. In 2001, she launched her own Intensive Study Program in Fashion Design, developed for both home sewers and sewing professionals. With an emphasis on design, fit, and pattern development, she currently offers classes on patternmaking, working with knit fabrics, many aspects of design, and sewing techniques. Sarah has more than twenty articles and various other written contributions and garments for THREADS magazine, as well as several "how-to" videos for the THREADS website. She was one of the three designers featured in the 1999 THREADS Design Challenge, and she was the overall winner of 2008 THREADS/ASDP "Fluid Fabrics" challenge. She lives in Sparks, MD.

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