



The Politically Incorrect Guide to Teenagers

By Nigel Latta

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By popular demand, New Zealand's most popular parenting writer has drawn on his extensive experience in family therapy and working with the country's most difficult teenagers to write the book that will save the sanity of parents everywhere. Once you've negotiated the terrors of toddlerhood and the perils of primary school you think you've got a pretty good handle on this parenting thing - then along comes Mother Nature with her horrible hormones and suddenly you're so far behind square one you're starting to wonder if this raging bundle of contradictions screaming at you was switched in the night by evil aliens. With his now trademark humour and pragmatic common sense approach, Nigel debunks the politically correct nightmare of perfect parenting and argues for sanity first - yours - and reclaiming the ground parents have lost in the great 'I'm my child's best friend' debacle. With international sales of BEFORE YOUR KIDS DRIVE YOU CRAZY, READ tHIS! in Israel, Portugal, Spain, Holland, Italy and Russia, a major marketing campaign for an Australian edition next year, and a television series based on the first book in the pipeline, Nigel Latta is building a solid reputation in this challenging field.

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Editorial Review

About the Author

Respected clinical psychologist, bestselling author, and father of two boys of his own, Nigel Latta specializes in working with children with behavioural problems, from simple to severe. A regular media commentator, he has presented two television series adapted from his books - Beyond the Darklands (which screens in both New Zealand and Australia) and The Politically Incorrect Parenting Show - and has a regular parenting segment on National Radio's Nine To Noon.

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