



## Rick Stein: From Venice to Istanbul: Discovering the Flavours of the Eastern Mediterranean

*By Rick Stein*

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### **Rick Stein: From Venice to Istanbul: Discovering the Flavours of the Eastern Mediterranean** By Rick Stein

From the mythical heart of Greece to the fruits of the Black Sea coast; from Croatian and Albanian flavors to the spices and aromas of Turkey and beyond—the cuisine of the Eastern Mediterranean is a vibrant melting pot brimming with character. This book includes more than 100 spectacular recipes discovered by Rick during his travels. The ultimate mezze spread of baba ghanoush, pide bread and keftedes. Mouthwatering garlic shrimps with soft polenta. Heavenly Dalmatian fresh fig tart. Packed with stunning photography of the food and locations, and filled with Rick's passion for fresh produce and authentic cooking, this collection of inspiring recipes evokes the magic of the Eastern Mediterranean at home. Includes metric measures.

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