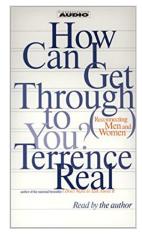
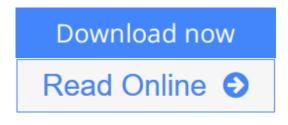
How Can I Get Through To You?



By Terrence Real



How Can I Get Through To You? By Terrence Real

Why is love between men and women so difficult? In this groundbreaking new audiobook, bestselling author Terrence Real analyzes the crisis in intimate relations, a crisis that has lasted over a generation, yielding divorce rates of 40-50%. Our culture prepares us to fall in love, but it does not give us the skills we need to stay in love. Here Real offers a radical new vision of love and the practical tools with which to achieve it.

The current crisis is a product of changing gender roles. In the last generation, women's roles have changed radically and men's have not. For the first time, women are insisting that their partners access the very skills -- emotional sensitivity, expressiveness, responsibility -- that most men have had stamped out of them as boys. Patriarchal culture does not raise boys to be intimate; it raises them to be competitive performers. At the same time, girls are taught to be compliant and accommodating. The result is that men feel bewildered and unappreciated while women feel unheard and resentful. Conventional therapy, which reinforces "traditional" male roles, has failed. The demand for intimacy in marriage must be met with new skills.

Real draws on myth, literature, film, and stories of the men and women he treats to illustrate his compelling analysis. Breaking taboos about love, marriage, and passion, Real not only reconstructs gender roles but also shows that patriarchy's idealized model of love is impossibly flawed. He teaches partners to replace it with a love that acknowledges imperfections and then provides five Core Relational Skills designed to help every couple reach their full potential. *How Can I Get Through to You?* is the audiobook that every couple has been waiting for -- and our culture needs.

<u>Download How Can I Get Through To You?</u>...pdf

Read Online How Can I Get Through To You? ...pdf

How Can I Get Through To You?

By Terrence Real

How Can I Get Through To You? By Terrence Real

Why is love between men and women so difficult? In this groundbreaking new audiobook, bestselling author Terrence Real analyzes the crisis in intimate relations, a crisis that has lasted over a generation, yielding divorce rates of 40-50%. Our culture prepares us to fall in love, but it does not give us the skills we need to stay in love. Here Real offers a radical new vision of love and the practical tools with which to achieve it.

The current crisis is a product of changing gender roles. In the last generation, women's roles have changed radically and men's have not. For the first time, women are insisting that their partners access the very skills -- emotional sensitivity, expressiveness, responsibility -- that most men have had stamped out of them as boys. Patriarchal culture does not raise boys to be intimate; it raises them to be competitive performers. At the same time, girls are taught to be compliant and accommodating. The result is that men feel bewildered and unappreciated while women feel unheard and resentful. Conventional therapy, which reinforces "traditional" male roles, has failed. The demand for intimacy in marriage must be met with new skills.

Real draws on myth, literature, film, and stories of the men and women he treats to illustrate his compelling analysis. Breaking taboos about love, marriage, and passion, Real not only reconstructs gender roles but also shows that patriarchy's idealized model of love is impossibly flawed. He teaches partners to replace it with a love that acknowledges imperfections and then provides five Core Relational Skills designed to help every couple reach their full potential. *How Can I Get Through to You?* is the audiobook that every couple has been waiting for -- and our culture needs.

How Can I Get Through To You? By Terrence Real Bibliography

- Sales Rank: #7360016 in Books
- Brand: Brand: Simon Schuster Audio
- Published on: 2002-01-01
- Formats: Abridged, Audiobook
- Original language: English
- Number of items: 2
- Dimensions: 4.24" h x 1.09" w x 7.04" l,
- Running time: 16200 seconds
- Binding: Audio Cassette

Download How Can I Get Through To You? ...pdf

Read Online How Can I Get Through To You? ...pdf

Editorial Review

From Publishers Weekly

"Conventional therapy has failed most couples," Real writes, and with over 20 years of marriage and family counseling experience, he's qualified to judge. Though traditional marital counseling has been prevalent for 30 years, divorce rates remain the same, and studies show that counseling has no lasting effect on either marital satisfaction or endurance. The author of I Don't Want to Talk About It, the national bestseller on male depression, Real is attuned to the characteristics of contemporary marriages and demonstrates insight into both male and female perspectives. The fundamental problem, he argues, is American culture's deeply entrenched "psychological patriarchy," which devalues all things feminine (including healthy relationships) and wounds males at an early age by disconnecting them from themselves and others. Men can't relate, and women can't teach them how ("If a wife truly demands that her emotional needs be met, she may indeed put her marriage on the line"). Counseling, too, fails them both in a "collusion of silence" as to what's really wrong. Real's alternative is "relational recovery." Identifying a healthy marriage as one following the repeated pattern of "harmony, disharmony, and restoration," Real teaches five skills for accomplishing the crucial, ongoing task of repair: holding the relationship in high regard, preserving intimacy and relational (i.e., authentically connected) speaking, listening and negotiating. With numerous scenes from his therapy sessions including quarrels most married couples will recognize Real deftly shows readers how to transcend "our culture's anti-relational bias" and move "out of patriarchy into healthy relatedness." This is a wellbalanced and exciting new addition to the marriage-manual genre. Agent, Beth Vesel. (Jan.)Forecast: This breakthrough handbook should cause a stir in the marriage guidance field, with its acknowledgement of counseling's failings and exposing of what Real considers unhealthy fundamental American cultural values.

Copyright 2001 Cahners Business Information, Inc.

From Library Journal

Two veteran family therapists have each written an excellent book on communication between partners. The author of I Don't Want To Talk About It, Real analyzes the reasons why men and women don't speak the same emotional language: boys' emotional relationships are squelched early on by peers, siblings, and fathers, whereas women learn to accommodate. Written with couples' therapy dramatizations, Real's book demonstrates his five relational skills: how to hold the relationship in regard, how to speak, how to listen, how to negotiate, and how to stay on course. Real, who is often called upon to arbitrate between couples as a last resort, is excellent at showing how couples can uncover hidden issues from the past and begin healing. The author of How To SayR It to Your Kids, Coleman takes a workbook approach to marriage therapy. He opens with six questions to which the couple must answer "happy" or "unhappy." He then explains his GIFTS technique in conversations: be Gentle, fix arguments with In-flight repairs, Find hidden concerns, use Teamwork, and reassure with Supportive comments. Each chapter begins with a scenario and continues with short tips under the "Have you heard?" heading, followed by "How to say it" and "How not to say it" and ending with "How to say it to yourself." Since chapter layouts are the same, the reader can easily pick out a problem area and read the two- to three-page chapter. Some topics include encouraging more conversation, rigid vs. flexible personalities, pregnancy, and cybersex. As popular marriage therapy manuals, these books are both suitable for public libraries and medical collections. The Coleman title is easier to use for a quick "fix," but Real's theories about men and women and how to take care of a marriage, though challenging, may prove more fruitful. Lisa Wise, Broome Cty. P.L., Binghamton, NY Copyright 2002 Reed Business Information, Inc.

Review

Harville Hendrix, Ph.D. author of *Getting the Love You Want*, Helen LaKelly Hunt, M.A. coauthor, with Harville Hendrix, Ph.D., of *Giving the Love That Heals* Terrence Real has written a clear and compelling analysis of the crises experienced by most couples. Citing the problem as a "profound asymmetry between couples caused by psychological patriarchy," he offers a "new model of love" and shows, with rich clinical examples, that empowering women and bringing men back into connection helps couples reignite passion and authentic love. This book peels back the layers of denial and repression that have sabotaged intimacy for centuries. It is a must-read for couples and therapists. *-- Review*

Users Review

From reader reviews:

Louis Venable:

The knowledge that you get from How Can I Get Through To You? is a more deep you rooting the information that hide in the words the more you get serious about reading it. It doesn't mean that this book is hard to recognise but How Can I Get Through To You? giving you buzz feeling of reading. The copy writer conveys their point in a number of way that can be understood by means of anyone who read this because the author of this publication is well-known enough. That book also makes your own personal vocabulary increase well. Therefore it is easy to understand then can go along with you, both in printed or e-book style are available. We advise you for having this kind of How Can I Get Through To You? instantly.

Mark Hart:

Spent a free the perfect time to be fun activity to accomplish! A lot of people spent their free time with their family, or all their friends. Usually they undertaking activity like watching television, likely to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Do you need to something different to fill your personal free time/ holiday? Could be reading a book is usually option to fill your cost-free time/ holiday. The first thing you ask may be what kinds of e-book that you should read. If you want to test look for book, may be the reserve untitled How Can I Get Through To You? can be fine book to read. May be it could be best activity to you.

Cheree Kramer:

A lot of guide has printed but it differs. You can get it by online on social media. You can choose the very best book for you, science, amusing, novel, or whatever by simply searching from it. It is identified as of book How Can I Get Through To You?. You can contribute your knowledge by it. Without leaving the printed book, it could possibly add your knowledge and make an individual happier to read. It is most crucial that, you must aware about reserve. It can bring you from one location to other place.

Lillian Vaughn:

What is your hobby? Have you heard this question when you got pupils? We believe that that query was given by teacher to the students. Many kinds of hobby, Everybody has different hobby. And you know that

little person such as reading or as reading become their hobby. You must know that reading is very important in addition to book as to be the matter. Book is important thing to add you knowledge, except your own teacher or lecturer. You get good news or update about something by book. Numerous books that can you decide to try be your object. One of them is How Can I Get Through To You?.

Download and Read Online How Can I Get Through To You? By Terrence Real #9NAC4QXPV0F

Read How Can I Get Through To You? By Terrence Real for online ebook

How Can I Get Through To You? By Terrence Real Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read How Can I Get Through To You? By Terrence Real books to read online.

Online How Can I Get Through To You? By Terrence Real ebook PDF download

How Can I Get Through To You? By Terrence Real Doc

How Can I Get Through To You? By Terrence Real Mobipocket

How Can I Get Through To You? By Terrence Real EPub