



The Anatomy of Peace: Resolving the Heart of Conflict

By The Arbinger Institute

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The Anatomy of Peace: Resolving the Heart of Conflict By The Arbinger Institute

NEW EDITION, REVISED AND UPDATED

What if conflicts at home, conflicts at work, and conflicts in the world stem from the same root cause?

What if we systematically misunderstand that cause?

And what if, as a result, we systematically perpetuate the very problems we think we are trying to solve?

Every day.

From the authors of *Leadership and Self-Deception* comes an international bestseller that instills hope and inspires reconciliation. Through a moving story of parents who are struggling with their own children and with problems that have come to consume their lives, we learn from once-bitter enemies the way to transform personal, professional, and global conflicts, even when war is upon us.

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Editorial Review

From Publishers Weekly

The premise of this follow-up to *Leadership and Self-Deception* is simple: people whose hearts are at peace do not wage war, whether they're heads of state or members of a family. In this semi-fictional narrative ("inspired by actual events") illustrating the principles of achieving peace, the setting is a two-day parent workshop at an Arizona-based wilderness camp for out-of-control teenagers, but the storyline is a mere setting for an instruction manual. Workshop facilitators Yusuf al-Falah, a Palestinian Arab whose father was killed by Israelis in 1948, and Avi Rozen, an Israeli Jew whose father died in the Yom Kippur War, use examples from their domestic lives and the history of their region to illustrate situations in which the normal and necessary routines of daily life can become fodder for conflict. Readers observe this through the eyes of one participant, a father whose business is in nearly as much trouble as his teenage son. The usefulness of the information conveyed here on how conflicts take root, spread and can be resolved more than compensates for the pedestrian writing.

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Review

"A book that could change the face of humanity."

—**Marion Blumenthal Lazan, *holocaust survivor and bestselling author***

"I loved *Leadership and Self-Deception*, and *The Anatomy of Peace* takes it to the next level, personally and professionally."

—**Adel Al-Saleh, *President, IMS Health Europe, Middle East and Africa***

"The most powerful tool I've seen for finding real, lasting peace—in families, organizations, communities, and nations."

—**Pamela Richarde, *Past President, International Coach Federation***

From the Inside Flap

"A BOOK THAT COULD CHANGE THE FACE OF HUMANITY." —Marion Blumenthal Lazan, holocaust survivor and bestselling author

"After years of applying these ideas with youth and their parents, I can say that this is powerful medicine for the soul. These ideas change hearts, heal deep wounds, and bring parents and children together." —Mike Merchant, President and Chief Executive Officer, Anasazi Foundation

"A stunning work of wisdom and insight.... Everyone, from neighbors to the heads of nations, ought to read and live the teachings of this book." —Kent H. Murdock, President and CEO, O.C. Tanner

"Profound in depth, yet simple in message—an astounding work of immense impact, both personally and professionally. This is the next major lever in terms of how organizations improve performance." —Nick Jessett, Programme Manager, Rolls Royce

"This is a masterful and important work that shows how we blame others for problems we ourselves have created. It gently leads the reader to take a hard look in the mirror." —Scott Barton, Sr. VP, Capital One

"To adopt the essence of this book is the true roadmap for peace." —Eytan Bentsur, Former Director

General, Israel Ministry of Foreign Affairs

Users Review

From reader reviews:

Dorothy Pierce:

Do you one among people who can't read pleasurable if the sentence chained from the straightway, hold on guys this specific aren't like that. This *The Anatomy of Peace: Resolving the Heart of Conflict* book is readable by simply you who hate the perfect word style. You will find the details here are arrange for enjoyable examining experience without leaving even decrease the knowledge that want to deliver to you. The writer regarding *The Anatomy of Peace: Resolving the Heart of Conflict* content conveys prospect easily to understand by most people. The printed and e-book are not different in the written content but it just different available as it. So , do you continue to thinking *The Anatomy of Peace: Resolving the Heart of Conflict* is not loveable to be your top collection reading book?

Edward Shaw:

Spent a free time and energy to be fun activity to do! A lot of people spent their sparetime with their family, or their very own friends. Usually they undertaking activity like watching television, going to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Will you something different to fill your current free time/ holiday? Could possibly be reading a book may be option to fill your free of charge time/ holiday. The first thing that you ask may be what kinds of guide that you should read. If you want to try out look for book, may be the publication untitled *The Anatomy of Peace: Resolving the Heart of Conflict* can be fine book to read. May be it can be best activity to you.

Edward Trotta:

Reading can called thoughts hangout, why? Because while you are reading a book particularly book entitled *The Anatomy of Peace: Resolving the Heart of Conflict* your brain will drift away trough every dimension, wandering in most aspect that maybe unidentified for but surely can become your mind friends. Imaging every single word written in a publication then become one type conclusion and explanation this maybe you never get ahead of. The *The Anatomy of Peace: Resolving the Heart of Conflict* giving you a different experience more than blown away your thoughts but also giving you useful info for your better life in this era. So now let us present to you the relaxing pattern is your body and mind will likely be pleased when you are finished studying it, like winning a sport. Do you want to try this extraordinary spending spare time activity?

William Kavanaugh:

Reading a book for being new life style in this calendar year; every people loves to study a book. When you go through a book you can get a large amount of benefit. When you read publications, you can improve your knowledge, simply because book has a lot of information in it. The information that you will get depend on what forms of book that you have read. If you wish to get information about your analysis, you can read

education books, but if you act like you want to entertain yourself read a fiction books, this kind of us novel, comics, along with soon. The The Anatomy of Peace: Resolving the Heart of Conflict will give you a new experience in reading a book.

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