



Singled Out: How Singles Are Stereotyped, Stigmatized, and Ignored, and Still Live Happily Ever After

By Bella DePaulo

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"*Singled Out* debunks myths and stereotypes about single people and lays the groundwork for social, political, and economic change."

-- Thomas F. Coleman, Executive Director, Unmarried America

Drawing from decades of scientific research and stacks of stories from the front lines of singlehood, Bella DePaulo debunks the myths of singledom---and shows that just about everything you've heard about the benefits of getting married and the perils of staying single are grossly exaggerated or just plain wrong. Although singles are singled out for unfair treatment by the workplace, the marketplace, and the federal tax structure, they are not simply victims of this singlism--single people really are living happily ever after.

Singled Out Debunks Ten Myths of Singlehood, Including:

-Myth--The Dark Aura of Singlehood: You are miserable and lonely and your life is tragic.

-Myth--Attention, Single Women: Your work won't love you back and your eggs will dry up. Also, you don't get any and you're promiscuous.

-Myth--Attention, Single Men: You are horny, slovenly, and irresponsible, and you are the scary criminals. Or you are sexy, fastidious, frivolous, and gay.

"Elegant analysis, wonderfully detailed examples, and clear and witty prose...A must-read for all single adults, their friends and families, as well as social scientists and policy advocates."

--E. Kay Trimberger, author of *The New Single Woman*

"The singles movement is coming to a bookstore near you."

--*Associated Press*

"Fascinating . . .this book could hardly have come at a better time. As much as societal adulation of the couple discriminates against single people, *Singled Out* suggests that it can also undermine marriage."

--*The Christian Science Monitor*

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Editorial Review

From Publishers Weekly

DePaulo fastidiously defines the various categories of singlehood-divorced, widowed or just plain never been married-and gives their struggle a voice in this intriguing cultural study. According to DePaulo, "singlism" is the pervasive discrimination single people face in politics and everyday life, though DePaulo makes it clear he isn't equating it with racism or sexism. Rather, DePaulo uncovers society's immediate associations-conscious and otherwise-with the word "single," including the implication of loneliness, homosexuality and/or a personal defect that prevents a single person from achieving the dubiously enshrined goal of marriage. In addition, this exhaustive study reveals how marriage has come to represent the foundation of both American society and politics, and how the resulting system of discrimination pervades even in this modern age of financial freedom-including increased tax burdens, decreased social security benefits, and real-world wage disparity. In identifying the stigmas of being single and debunking myths like "marrieds know best," DePaulo has given this complicated subject the attention and respect it deserves, opening a dialogue without offering any pat solutions.

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Review

"*Singled Out* may be the single most important book you buy this year." ?*Bookworm Sez*

"Gleefully debunks a number of sad-sack "facts." According to DePaulo's myth-busting research, [singles] are every bit as happy, healthy, and long-lived as couples." ?*Seattle Metropolitan*

"If you're sick of your family asking, "So when are you gonna settle down?" or your boss saddling you with a fatter workload than your married coworkers, you will love Dr. Bella DePaulo's insightful, irreverent book." ?Michelle Goodman, author of *The Anti 9-to-5 Guide*

"An engaging new book that brims with invigorating wit and unparalleled perspective." ?*Tucson Citizen*

"Intriguing cultural study . . .DePaulo has given this complicated subject the attention and respect it deserves." ?*Publisher's Weekly*

"DePaulo dismantles [a few other] claims of the pro-marriage lobby." ?*Windy City Times*

"Don't miss Bella DePaulo's *Singled Out*." ?Sasha Cagen, author of *QuirkyAlone*

"She has a message for singles and couples alike: If you forget about your nonromantic relationships, you're missing out on a whole lot of love." ?*Santa Barbara News-Press*

"An expose of the widespread cultural bias facing unmarried adults in America." ?*Harvard Magazine*

"[A] terrific book" ?Amy Alkon, Syndicated Advice Columnist

"A masterpiece...filled with inspirational quotes...Every single should read this book" ?*Yuspie (Young Urban Single Professionals of Indiana) Book Club*

"[Shows that singles] can be as productive, charming, fun, moral, and wise as their coupled counterparts"

?*Virginia Quarterly Review*

“DePaulo combines her training as a social psychologist with wit and sharp analysis, bringing the entire "marriage is better" argument down like a house of cards.” ?*Windy City Times*

From the Inside Flap

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BELLA DEPAULO, Ph.D., is a social psychologist who did her graduate work at Harvard. She is currently a visiting professor at the University of California at Santa Barbara. DePaulo is single and living happily ever after in Summerland, California.

Visit her website at www.belladepaulo.com

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Users Review

From reader reviews:

Richard Fentress:

This *Singled Out: How Singles Are Stereotyped, Stigmatized, and Ignored, and Still Live Happily Ever After* is great book for you because the content that is full of information for you who always deal with world and

still have to make decision every minute. That book reveal it facts accurately using great organize word or we can state no rambling sentences inside it. So if you are read this hurriedly you can have whole information in it. Doesn't mean it only provides you with straight forward sentences but difficult core information with lovely delivering sentences. Having Singled Out: How Singles Are Stereotyped, Stigmatized, and Ignored, and Still Live Happily Ever After in your hand like obtaining the world in your arm, information in it is not ridiculous just one. We can say that no publication that offer you world within ten or fifteen moment right but this book already do that. So , this really is good reading book. Hey Mr. and Mrs. active do you still doubt that will?

Irene Weinstein:

In this era which is the greater individual or who has ability in doing something more are more valuable than other. Do you want to become one of it? It is just simple method to have that. What you have to do is just spending your time little but quite enough to have a look at some books. One of several books in the top record in your reading list is actually Singled Out: How Singles Are Stereotyped, Stigmatized, and Ignored, and Still Live Happily Ever After. This book which can be qualified as The Hungry Inclines can get you closer in turning into precious person. By looking up and review this guide you can get many advantages.

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